

BRYNGWYN MAGAZINE

Incorporating Great Oak, Croes Bychan & Wern y Cwrt

Individual Highlights:

St Peters Church . . . 2

Entertainment Committee . . . 3

Coffee Break . . . 4

Food & Drink...4

Health & Beauty . . . 5

Tips & Wrinkles ... 5

Women's Institute . . . 6

Crawley Hall . . . 6

Tales of ye olde Bryngwyn . . . 7

Date to Note . . . 8

Contacts . . . 8

Church Services . . . 8

View Over The Fieldgate



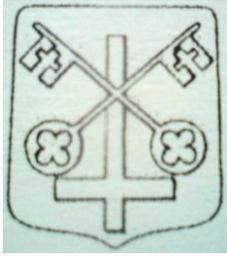
Shall we start this magazine with a 'footnote'? Yet another piece about my foot obsession!

In the middle of October I decided to do a fire walk. PLEASE! Don't try this at home. A fire walk involves walking barefoot across cinders ranging around 600 degrees. Yes, hot! Some people have questioned my reason for doing it; some have questioned my sanity. But as Mallory said when he was asked why he wanted to climb Everest: because it was there. Something I had always wanted to do and I dragged a friend along. I also raised over £100 for Help for Heroes. She suffered some burns; I suffered nothing bar for the nagging since!



My mug, I mean, friend Cath would like to try wing walking next, but as I've been told you cannot be over 8 1/2 stone (and I've not been that since my last dream!) I've decided that bog snorkelling is more appealing. She's happy with this and is more than willing hold my towel at the other end!? As I said, I find it appealing, she finds it appalling!

Merry Christmas and Happy New Year to all the readers of the Bryngwyn Magazine - *Fieldgate*



ST PETER'S CHURCH

The Deanery Quiet Time held on 28th October at 7.30pm was truly an inspiring Service led by Rev. Toms. A large congregation gathered to sing hymns and quietly listen to prayers. Everyone agreed it was a very special Service.

Our thanks to Mrs Jean Smith who kindly accompanied us at the organ and to Mrs Helen Hayward and Miss Helen Watkins, the torch carriers!

The Remembrance Day Service on Sunday 14th November at 8.30am was again well supported. After the sounding of The Last Post, Mrs H Hayward recited those well known words and two minutes silence was observed to remember those who made the ultimate sacrifice in conflicts past and present. After the Reveille, the National Anthem was sung. Thanks to Miss H Watkins for printing the flyers and poster, to those who posted the flyers through letterboxes reminding everyone of this Service of Remembrance and again thank you Jean for playing the organ again.

Mrs Shelia Vaughan is still poorly with painful shingles. Mr David Parry has also been unable to play due to a problem finger. We wish them both a speedy recovery and send our love and prayers.

Again many shoeboxes full of gifts were donated for Operation Christmas Child and these are now on their way to less fortunate children abroad.

Shelter box Christmas cards can be hung on the Christmas Tree inside the Church again this year following last year's success when approximately £800 was raised for charity. It is felt that instead of sending close neighbours a card one is hung on the tree suffice. Money raised could then be donated to provide emergency relief to disaster areas throughout the World. Many agree that they prefer their neighbours to **wish** them Happy Christmas by word of mouth.

At 3pm on 19th December there will be a Candlelit Carol Service followed by light refreshments at St Peter's Church. We welcome you all to this very popular Service.

The Christmas Day Service is Holy Communion at 8.30am.

Wishing you all a very Happy, Healthy, Peaceful and Blessed Christmas.

Olwen Smith



ENTERTAINMENTS COMMITTEE

The annual Coffee and Carols Evening will be held at Plas Hendy on Friday 10th December 2010 at 7.30pm. Mr and Mrs John Crawley are once again very kindly hosting the evening and “Accord”, who need no introduction, will be entertaining us. Seasonal refreshments will be served and there will be the raffle and Christmas Fayre stall. So we look forward to an enjoyable time.

Tickets are £5.50 each for adults; £3.00 each for children under 14 years; now available from the usual sources (Olwen Smith 01291 690836 or Helen Hayward 01291 690607).

The response for the Operation Christmas Child shoe boxes for the children was excellent. Thank you all very much. It is good to bring happiness and extend God’s love to others.

We are still enjoying the Bryngwyn Magazine. Long may it continue. Many thanks to the efforts of “Fieldgate” which are greatly appreciated.

The Entertainments Committee wish all our friends and supporters a Happy Christmas and peaceful New Year. Thank you for helping use to raise funds for St Peter’s Church.

Helen Hayward

A Christmas Recipe (starter)

Take approximately 3 to 4 medium sized mushrooms per person, lightly fry, turn into an oven proof dish, sprinkle with stilton cheese, cooked until melted, serve with small green salad a small triangles of toast. As an addition, add small halved tomatoes when lightly frying



Summer holiday was over and the teacher asked Little Rodney about his family trip.

"We visited my grandmother in Llandudno in Wales" he said.

"Good, can you tell the class how you spell that?" the teacher asked.

Little Rodney replied "My mistake! Actually, she lives in Bath!"

Why can't a car play football?
Because it's only got one boot!

How do you get a peanut out of your ear?
Pour some chocolate in it and it will come out a treat!

What do you call a chicken in a shell suit?
An egg!!!

How do you hire a horse?
Stand it on four bricks

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3			2				5	
	7			6		3	8	
4								1
	5	9		7			4	
	1				7			8
		8	6					
		7		4				



Suite 2
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www.nothingnasty.com

To prevent dry winter skin, Try the following 8 easy steps:

- 1: Shower and/or bath less often. This dries the skin out badly. Make use of a washcloth and basin instead.
- 2: When you do wash/shower/bath, make sure you use lukewarm water. Hot water dries the skin more.
- 3: Avoid using soap/body-washes as much as you can. Use only on those areas that you HAVE to! These products strip the skin of its natural oils. When using soap, try a natural olive oil soap bar, as this will not be as strong.
- 4: After each wash/bath/shower, moisturise all over right away. The skin draws moisturisers best when it is damp. Natural oils (almond oil, apricot kernel oil, sesame seed oil, sunflower oil, coconut oil, olive oil) are all great moisturisers. Make sure you use cold pressed, virgin and organic versions. These oils moisturise better than any product you will find in the shops!
- 5: Turn down the central heating!
- 6: Let your skin breathe. Don't wear tights and tight fitting clothes ALL the time.
- 7: Eat fats. This includes some saturated fats, some monounsaturated, some polyunsaturated, and some Omega 3's. Many people's skin would get a lot better from eating more fats and less carbs (pasta, bread, pizza, potatoes, rice, sugary foods and drinks); they would probably lose weight too.
- 8: Drink enough water! All drinks count (teas and coffees too), but make sure some of it is pure, unadulterated water.

WINTER TIPS

With the winter upon us, it is time to prepare your home for the frosty and cold weather. Here are just a few tips –

1. Check and clean gutters for fallen leaves and debris etc
2. Replace any damaged roof slates or tiles
3. Trim back any tree branches near your home
4. Check weather strips around windows and doors
5. Check for any cracks in cement rendering and any defective pointing (keep Jack Frost at bay!)
6. Replace cracked door or window panes; replace defective putties.
7. Look over any tins of paint in the garage – keep them off the ground, stored or covered with a blanket. With solvent based paints, make sure lids are on firmly and turn tins upside down to prevent them from skinning up.
8. Clean and oil patio furniture and store it away

These are just a few of the things to look out for over the coming months – if you need any help with them or further advice, or indeed any house repairs or decorating do give me a ring.

PETER STARLING *Decorating Specialist*

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THE WOMEN'S INSTITUTE

In October Angela Dorrell gave us a fascinating talk on Japanese Embroidery and also produced some of her work which had taken hours to create and was much admired by members. Angela Partridge and Kathy Hopkins were still helping the children at Raglan School with their gardening projects. Jill Fletcher ran a successful Bring and Buy and Produce Stall. In November, to an almost full house, Dennis Jackson who worked for the Gwent

Wildlife Trust gave us an interesting talk and slides on bird habitat and ringing of birds to observe their movement.

Carolyn Clode from the Cripple Creek was welcomed. Three members had attended a Bread Making demonstration at Llandenny. Carolyn Hendy outlined the programme for next year and it is hoped to arrange a cookery demonstration at the Cripple Creek one morning.

Our next meeting is the second Thursday in December when we will be celebrating "ninety" years at Plas Hendy

Our President, Diane Watkins's husband, Geoff would deliver wood off cuts, from pallets, suitable for wood burners, Rayburns or similar [not open fires] free to pensioners in the parish 01873840671. Meetings at Llanarth Village Hall at 7.30 p.m. on the first Thursday of the month [not December and January]. You would be made most welcome. For further information carole@illa2.plus.com or 01291 690341.

Carole Tranter

CRAWLEY HALL

The Hall is coming along slowly. The bad news is that we are short of money and wonder how we are going to put a floor down. We have applied for another grant but will not hear whether we have been successful until after Christmas. We cannot "fund raise" at the Hall until it is finished, inspected and insured but we need money to finish. We need help to finish and will be grateful for any help the Parish can give us.

Now the good news. We are hoping that the paint we need will be donated to Crawley Hall. Mandarin of Monmouth have donated really lovely marble tiles, all the grouting we need and high quality slate for worktops. I am sure you will all be as delighted with them as we are.

Olwen and Tim Parry have given us the crash barriers that you will notice, have been installed.

We are all very grateful to them and hope that others will be generous to so that we can complete the Hall in the New Year.

Cecilia Davies

(I've recently gone over to Windows 7 and lost the little graphic for the Hall. Not lost, it is there but will it show itself? NO! It will be back in the New Year – Fieldgate)

AND A BRIGHT SPARK CAME TO THE HENDY

or

WATT about the OHM

It was Autumn 1952, striding up across the Back Sward was this "Navy" in big wellingtons with a peg in his hand and a sledge over his shoulder. You can imagine Eric's reaction === what are you doing here === I'm measuring you up for electric he said === well you know what you can do with your electric because I am not paying to have it brought up here from the Oak.

It was the start of a fantastic time in our lives, for the first time we had the prospect of going to bed without a candle and also wouldn't have to bother about paraffin oil for the lamps and above all there could be fires without ash. No more listening to Dick Barton Special Agent in the dark to the old battery radio. Sophisticated dial telephones that would bypass Miss Jones listening in at Raglan Post Office, more importantly lights to go out to the sheds to look at the cattle, and even more importantly good light to play cards by and make sure no one was palming the odd ace.

When we found out that we wouldn't have to pay for the lines to come to the Hendy it was embraced with open arms, today The Hendy is probably one of the biggest users of electric in the parish.

So it happened this way, first of all there were poles, then there were wires in fact four as it was to be "split phased" we were told that meant twice the power but at twice the price we all thought. By the time that the wires reached The Hendy, Mr Hart from Coleford was in there wiring. So there were floor boards up and holes everywhere. Not since 1903 when The Hendy went from being a thatched house to a slated house and the dairy and washhouse were made into the kitchen had so much activity taken place.

Mum was in hospital and Joyce our nubile cousin only 9 years older (i.e. 23 years old) was helping to look after us. Eric yelled up the stairs for her to come on and get changed if she was to go to market with him and bang, this leg right up to the thigh appeared in the kitchen down stairs, Joyce had forgotten about the boards being up in the bedroom. You can imagine the look on Mr Harts face as this curvaceous leg dangled just inches from his head as he fixed the fuse box, almost blew a fuse before any electric entered the house.

All will remember 1953 the year of the coronation. By then the we were highly advanced very mature (more like naïve) electric users, so for the coronation we had our first television, a full nine inch in a cabinet which was an art in itself and what was a scratchy flickering grainy black and white picture. The middle room was filled to bursting by friends and neighbours; we were crammed up against the screen with all the other youngsters (Mike my brother, John, Tony and Arthur Somers, Eric Jones, but to name a few) so that we had the best view of "history being made". When milking time arrived for about the first time ever with the exception of Christmas day the cows didn't get milked on time, now that was a event that surpassed the Queen's Coronation!!!!!!!!!!!!!!!!!!!!!!.

Say what you like but the arrival of electric in the countryside it changed our world for ever, we can now sit in our front rooms and be anywhere in the world.

More Watts about the Ohm next time, keeping you in Amp-tisipation!!

David Spencer

Dates of Interest

December 10th, 7.30pm
Coffee & Carols
Plas Hendy
Bryngwyn

December 19th, 3pm
Candlelit Carol Service
Bryngwyn

December 25th, 8.30am
Holy Communion
Bryngwyn

December 26th, 10am
Group Service
Raglan

January 20th
Submissions due for next
magazine

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**ENTRIES AND
CONTRIBUTIONS FOR
NEXT MAGAZINE MUST
BE SUBMITTED BY 20TH
JANUARY 2011**
.....

CONTACTS

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ENTERTAINMENT COMMITTEE

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WOMEN'S INSTITUTE

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CRAWLEY HALL

Secretary – Cecilia Davies 01291 691222

BRYNGWYN MAGAZINE

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CHURCH SERVICES

Date	Time	Readers	Flowers & Cleaning
December 2010			
5 th	3pm	D Parry G Fletcher	H Hayward T Oram
12 th	8.30am	B Fletcher S Inglefield	
19 th	3pm	9 Readers	
25 th	8.30am	O Smith S Vaughan	
January 2011			
2 nd	3pm	D Parry C Davies	The Watkins Family
9 th	8.30am	D Inglefield H Saunders	
16 th	8.30am	G Fletcher S Inglefield	
23 rd	8.30am	B Fletcher N Saunders	
30 th	8.30am	O Smith C Davies	